

Captain Curtin Still Uses Scouting in the Navy

Submarine Base Commander Started as a Scout...

The Mayflower Council's professional Scouters recently attended the three-day 2024 New England Councils Planning Conference.

Beyond the cross-council camaraderie displayed by the numerous BSA pros at the Mystic Marriot in Groton, Conn., the highlight for many team members attending the event was the appearance of Captain Kenneth Curtin, the commanding officer of the nearby Naval Submarine Base New London.

"You have to take care of the people by *taking care* of the people," said Curtin. "To be a commander, my job is to be an enabler; I need to enable you to do *your* job, right? I need to enable my team to do *their* job.

"They want to get out there and make a difference in the world," explained the sub base commander. "They want to do something to better themselves, to better the world, in some small way. And so my job is to keep that fire lit, to do everything I can so they can do their job.

"Your people have to know that you care about them, that you respect and appreciate them," he said.

With over 38 years of Navy experience leading people and solving problems, Captain Curtin clearly employs a deep understanding of leadership, risk management, human behavior, and infrastructure in his daily duties.

Beyond the professional accolades and knowledge – perhaps most importantly to the gathered crowd – as a young man in Brooklyn, New York, Curtin was a Boy Scout.

Moreover, he still employs the Scouting lessons he learned as a boy in his Navy career.

"You've got to **do it**," said Curtin, of setting goals, working hard, and achieving during his keynote talk on Day 1.

"I started learning that in the Boy Scouts," he said. "No one's going to give **anything** to you, right?"

"And there's nothing worth [anything] that anyone will hand you."

"Just never give up," he added, summarizing his philosophy.

Meanwhile, the long-time Nave officer doubled down on one of the Scout Laws: "A Scout is trustworthy..."

"In 38 years, I've screwed up my fair share," explained Curtin. "Yet, I'm still here because of integrity."

"When I sign my name on something, it means something, right? And even if I have to tell on myself and say, 'Hey, I didn't get this right.'"

"The most important thing is your integrity," continued Curtin. "That's the only thing you've got."

"You lose that. Then, you start behind the eight ball when it comes to business or life. It's so hard to regain that."

"And some people, you'll never regain," he said.

Of course, Curtin pointed back to his old Scoutmaster, Walter Better.

"Oh my God, I learned so much from this guy... and I still tell stories about the camping trips with him," said the captain. "He wouldn't take [any foolishness] from you."

"But I learned so much from that man," he added, wearing a broad smile as he hit upon another Scout Law: "A Scout is

cheerful..."

"I still laugh about it," said Curtin.

Lace up your Hiking Boots

Lace up your Hiking Boots for the BCT (Bay Circuit Trail)

What if there was a local hiking trail that travelled around the city of Boston, through some 37 local cities and towns offering natural beauty, historical interest and access to trail heads and trail segments using the MBTA and public transportation? A trail that is managed by a collaboration of private and public entities including the Appalachian Mountain Club and local town and city conservations departments.

Hiking, biking, cross country skiing and snow shoeing are all available on the trail. If that were the case, you would be describing the Bay Circuit Trail! The BCT is some 230 miles long, starting at the mouth of the Merrimack River and ending in Kingston Bay on the South Shore circling the city of Boston.

We are inviting all Mayflower Scout units to choose a trail segment either in their own hometown or a trail segment of their choice, so that all or units together will cover all 230 miles of the trail in a single day! Cub Scouts, Scout BSA and Venturers are all invited to participate. Trail segments can be assigned by hiking ability and length to accommodate the novice or the experienced hiker. We would ask that a photo be taken at both the start and the end of your hike as proof that you have completed your part of the trail. Scout units from other local councils are also cordially invited to join us on hike day. We are planning an ending celebration after all 230

miles have been completed. Did I mention that there will be a cool and unique patch made available to all registered hikers?

Hike day is planned for Saturday May 18th. Watch for a future registration link and additional detail as we get closer to hike day. Unit leaders include this in you units' activity planning, you will want to be part of this once in a lifetime opportunity!

Cranberry Harbors Dist Jan 2024 RoundtableRev1

The slide presentation from our January Roundtable is posted below, along with the safety minute information on energy drinks, the trained leader requirements document, Dr. Rue Wilson's presentation on Scouting and Mental Health, and a listing of the references in Dr. Wilson's presentation with active links. I apologize for the difficulties we had with the passcode issue for the Scouts BSA breakout – we will work to correct this for February.

Jan_RT_Slides_Final

JanSafetyMinute-EnergyDrinks

TrainedLeader_Requirements

ScoutingAndMentalHealth_finalCopy2

ActiveLinksToResources-ScoutingAndMentalHealthPresentation