

2022 Westborough Good Scout Award Dinner

Westborough Good Scout Dinner

Tuesday, November 1, 2022

DoubleTree by Hilton Hotel

5400 Computer Drive, Westborough, MA

Reception 6:00 pm – Dinner & Program 7:00 pm

2022 Honorees



**Amber Bock,
Superintendent,
Westborough Schools**

Amber Bock's professional experience includes over thirty years of leadership experience in the public school setting. Currently she is the Superintendent of the Westborough Public Schools where she has led the district for the last eight

years. Prior to that she was the Assistant Superintendent for six years in the Weston Public Schools, following fifteen years of work as a principal in Sutton and then the Wellesley Public Schools. Amber's teaching experience in the Newton Public Schools as well as Elyria Ohio combine with her years of leadership experience to provide her with a range of professional experiences in varied districts and communities.

Amber is an active member of the Westborough community, serving on a range of personal and professional projects to support Westborough as a connected and caring community. She serves on the boards of Westborough Connects, The Good Scout Committee and a variety of town committees. Amber teaches for the MSAA Leadership Program instructing future educational leaders for their Leadership Licensure Program, and provides private leadership and instructional coaching. Amber brings a depth of experiential knowledge about the importance of developing strong collaborative relationships with families and with the broader community. Over her career she has led varied program initiatives that have brought parents and faculty together to forge partnerships to solve problems collaboratively.



Karen Henderson, General Manager, Westborough TV

Ms. Henderson, a longtime Westborough resident and active volunteer, has served since 2014 as General Manager of Westborough TV, the town's local access television station. She was previously involved in national training and website

management at the HR and benefits firm Watson Wyatt Worldwide.

Originally from Guilford, CT, she holds a Bachelor of Arts degree in English from the University of Vermont. While at UVM, she met her now husband, Scott Henderson, and the couple relocated in 1995 to his hometown of Westborough where they have raised their children. Ms. Henderson and her family reside in the Parkman Parsonage, a local historical landmark home built in 1750 for the first Reverend of Westborough, Ebenezer Parkman.

Ms. Henderson is the current President of the Board of Trustees for Project Graduation Westborough, serves on the Board of Directors for the Charlotte Spinney Vision Scholarship Program, and is a member of both the Superintendent's Advisory Council and the Westborough Athletic Boosters Association. She was an elected member of the Westborough School Committee for six years (2006-2012), serving twice as chair, and then completed a partial term when appointed by the Board of Selectmen to fill a vacancy in 2013. She has actively participated in a variety of parent groups at every school level: as a member of the Armstrong Parent Group, and as a member and President of both the Mill Pond and Gibbons Parent Groups. Ms. Henderson was a member of the town's Cable Advisory Committee from 2012-2014, and currently serves on this committee as an advisory member. Over the past 20 years, she has made time to volunteer in classrooms, coach several youth soccer teams, and chaperone school events. Since 2017, she and her family have been entrusted with the task of watering the Westborough Garden Club's 28 downtown planters from spring through fall to help beautify Westborough's downtown.

About The Good Scout Award

The Good Scout Award is bestowed upon individuals who have demonstrated integrity and genuine concern for others in both their professional and personal lives.

The recipients need not have been Scouts but must carry the "Spirit of Scouting" into their adult lives. They are people who have been unselfish in their service to others on an individual and community basis. They seek no return for their service other than the satisfaction of aiding their fellow citizens, their community, and their nation.

The Good Scouts are people who truly capture the respect and imagination of our youth.

**You may register and pay online or
fill out the mail-in registration
form.**

**Registration and program book ad's
must be received by October 20,
2022.**

If you have any questions, please email: Westborough Good
Scout Committee

Sponsorship Opportunities
Program Ad Specifications
Register Online Here
Mail-In Registration

We Want Your Old LEGO Bricks

Help your old LEGO bricks find a new purpose!

The Mayflower Council is looking at giving your unused LEGO collection a second life; assisting with new youth recruiting. We will be launching a LEGO Pinewood Derby activity as part of our new member recruiting efforts at community fairs, farmer's and artisan markets, and other community events so that a whole new generation of youth can experience the thrill of a Pinewood Derby and the joy of building with LEGO while finding out about Scouting's life-long values.

To make a donation, simply round up any loose LEGO pieces and place them into a cardboard box or zipper top bag. We are accepting loose LEGO bricks and Minifigures. They do not need to be full sets. We are unable to accept donations of DUPLO and Technic elements.

Donations can be dropped off at one of the following locations:

- Council Service Center, 83 Cedar Street, Milford, Massachusetts.
- Adventure Day Camp, 129 Hudson Road, Bolton, Massachusetts. (while camp is in session)
- Camp Resolute, 75 Hudson Road, Bolton, Massachusetts (while camp is in session)
- Camp Squanto, 200 Cuttersfield Road, Plymouth, Massachusetts. (while camp is in session)

If you have unwanted LEGO bricks lying around (and hurting your feet) we'll take them!

Have questions regarding donating LEGO bricks to this worthwhile initiative contact Jack Colamaria or Rick Riopelle.

National BSA Member Fee Increase 2022

The Boy Scouts of America (BSA) has worked to keep the membership fee as low as possible. As you know, costs continue to rise, and the annual fee must be increased to address the fiscal realities we face to deliver a safe and quality Scouting program.

To ensure we have the resources to fulfill the promise of Scouting, the following national membership fee structure will take effect August 1, 2022.

- \$75 for Cub Scouts, Scouts BSA, Venturing and Sea Scouts participants
- \$45 for Exploring participants
- \$45 for all adult volunteers (includes cost of background check)
- \$100 for a unit charter/affiliation fee
- \$25 one-time joining fee for new program participants in Cub Scouts, Scouts BSA, Venturing and Sea Scouts (Not pro-rated)
- \$15 for Scout Life magazine; this is the first price increase since 2005

The Mayflower Council Activity Fee will remain at \$36 per youth member.

The national membership fee helps cover the cost of essential services, including program resources, liability insurance for those participating in approved Scouting activities, criminal background checks, youth protection, and the development of intellectual property for national, council, and unit

programs. As we move forward, we will continue to look at the membership fee structure and how we deliver the Scouting program for future generations.

Online registration remains the preferred method of transferring youth and will become the way to register new youth beginning August 1.

Thank you for your understanding, together we will continue to provide a great Scouting program for our families.

Youth & Adult Membership Fees By Month As of August 1, 2022

August 1, 2022 Registration Fees Infographic

Family Den Pilot Program

Mayflower Council has been accepted into the Boy Scouts of America National Family Den Pilot Program.

2022 Distinguished Citizens Award Dinner

Distinguished Citizen Awards

Dinner

Tuesday, October 18, 2022

Lombardo's

6 Billings Street, Randolph, MA 02368

**Reception 6:00 pm – Dinner & Program 7:00
pm**

2022 Honorees

**Distinguished Citizen Award
Recipient**



**James M. Dunphy,
President & CEO
South Shore Bank**

The Distinguished Citizen Award is presented to community or business leaders who provide outstanding civic service to the adult and/or youth in the community. Those who receive the award are not necessarily Scout volunteers, but rather individuals who personify what the Boy Scouts of America stand for – good citizenship, outstanding moral fiber with a dedication to others, and for living their lives by the Scout

Oath and Scout Law.

Distinguished Scouter Award



**Arnold Briggs,
Educator (retired)
Scouter & Community
Volunteer**

The Distinguished Scouter Award is presented to a Scouter who provide outstanding civic service to the adult and/or youth in the community. Those who receive the award are not only Scout volunteers, but also seek no return for their service other than the satisfaction of aiding their fellow citizens, their community, and their nation and for living their lives by the Scout Oath and Scout Law.

Second Century of Leadership Award



ACELLA
Construction Corporation

Accepted by David Dirubbo, President

Second Century of Leadership Award is presented to a company or organization that consistently sets the pace for the corporate leadership and philanthropic support of the South Shore and MetroWest communities. The honoree's work and leadership exemplify the ideals and successes of the Boy Scouts of America. The organization's corporate citizenship and community involvement set the example of what can be achieved through hard work, leadership and character, traits that set both organizations apart.

**Master of
Ceremonies**

***Butch
Stearns, Sports
Anchor
Boston 25 News***

Guest Speaker





***Matt Slater, Wide
Receiver
New England
Patriots***

**You may register and pay online or
fill out the mail-in registration
form.**

**Registration and program book ad's
must be received by September 30,
2022.**

If you have any questions, please email: Development Office

Sponsorship Opportunities
Program Ad Specifications
Register online here
Mail-in registration

Free Planet Fitness Summer Membership For Teens

Planet Fitness is helping parents to get their teens out of the house and stay active this summer by offering a one-of-a-kind benefit: a free membership for the entire summer. Perfect for our Scouts BSA and Venture crew members to stay physically strong all summer long!

The High School Summer Pass initiative offers a solution to teens' struggles. Planet Fitness conducted a study that 93% of teens actually want to stay healthy, but only about 15% actually partake in 60-minutes of physical activity. Planet Fitness is determined to motivate teens and help them accomplish their fitness goals.

This offer is available at all Planet Fitness locations throughout the US and Canada. This is a part of the movement to improve teens' mental and physical health. Originally, this program was called the "Teen Summer Challenge" which launched in 2019. They had almost a million teen signups who completed over 5 million workouts!

According to the Centers for Disease Control, fewer than 15% of teens were meeting the daily physical activity recommendation during the pandemic. Planet Fitness wants teens to feel safe and have a welcoming space when they arrive at any of their locations to get their sweat on in a healthy way.

All teens who sign up for the membership are automatically entered into a drawing for a scholarship, which will reward one student in each state with a \$500 scholarship and one grand prize of \$5,000 in scholarship money.

To enroll, students must be between the age of 14 and 19 years old. Teenagers under 18 years old must sign up with a parent or guardian either online or in-person at one of their clubs.

High school students can work out for free from May 16 to Aug. 13 at the nearest Planet Fitness location.

Teenagers looking to enroll in the program can register on the Planet Fitness website.

INSIGHT INTO TEEN HEALTH & FITNESS

To uncover how high schoolers view health and fitness today, Planet Fitness commissioned a national study in partnership with Material to shed light on mental and physical health from both teens' and parents' perspectives. Although negatively impacted by the pandemic, teens are ready to make a commitment to getting healthy, both physically and mentally.

Key findings include:

- **Physical Fitness for the Win.** Despite three in five teens (60 percent) reporting their usual health and fitness routines were severely disrupted over the last two years, nearly all (89 percent) of their parents credit regular exercise and physical activity as helping their teens cope with the challenges of the pandemic. And nearly all (92 percent) teens agree that when they are regularly physically active, they feel much better mentally.
 - Although many teens make exercise and fitness a priority in their life (65 percent), there are significant barriers to doing so. In fact, 78 percent of teens note that just having access to a place to work out and being able to do so with friends (72 percent) would benefit their health and fitness journeys.
 - A majority of teens who exercise also agree that physical fitness makes them feel healthier (61

percent), stronger (57 percent) and happier (50 percent). It also provides the meaningful health benefits of more energy (69 percent), increased strength (64 percent) and stress relief (61 percent).

- And 84 percent of teens agree that there has never been a better time than now to focus on their health.
- **Mental Health Takes Center Stage.** Almost half (48 percent) of teens admit that they struggled with mental health for the first time during the pandemic. And more than half (51 percent) explain they currently struggle with anxiety.
 - Parents are overwhelmingly concerned about how the past two years have impacted their teens' mental health (71 percent), overall health (66 percent) and physical fitness (60 percent). And 71 percent are equally concerned for their high schooler's academic progress and preparedness for college.
 - That said, more than four in five teens report they are feeling hopeful about what's to come in the future (85 percent) and that the pandemic showed them how strong they really are (82 percent).
- **Let's Get Talking.** Parents have overwhelmingly spoken more regularly to their teens over the past two years about topics like self-esteem and confidence (92 percent), exercise and working out (88 percent) and mental health (82 percent). The majority of teens today also say they are now more open and communicative about their feelings (79 percent).
- **Screen Time, More Time.** A majority of parents (55 percent) also report the time their teens spends on social media has increased since the start of the pandemic. In fact, many parents feel their teens are spending more time being sedentary than active – 54 percent noted their teens text more today, 52 percent

saw an uptick in playing video games and 50 percent of parents say their teen is spending more time watching TV.

- And more teens agree they spend too much time in front of screens than they did right before the pandemic (61 percent in 2022 versus 52 percent in 2020).

Council Executive Board

Our council executive board is a volunteer board made up of MetroWest & South Shore areas top business and community leaders. Here's who serves on the executive board. To sort the list scroll to the bottom and select by executive board complete, advisory, executive board or by executive committee.

Council Committee Chairs

Our council committees are lead by a group of dedicated Scouters from across the council. Here's who serves as the leader of each committee.

2022 Eagle Giving Month

Make Your Gift Today

What is Eagle Giving Month?

Eagle Giving is an online fundraising throughout the month leading up to the 2022 Eagle Recognition Dinner. For one month, the Eagle Scout Alumni community will come together in support of Scouting and future Eagle Scouts.

Together we are helping the Mayflower Council enrich, enhance, and elevate the lives of youth in Scouting.

Why have a Giving Month?

A Month of giving is more than just raising money online – it's a tool to engage alumni, and Scout families by generating awareness and building a culture of philanthropy at Mayflower Council. It is an incredible opportunity to tell our story, inspire our audience, and acquire new donors, all in support of Scouting. This year, we are challenging 300 Eagle Scouts to Give Their Eagle Pride A Purpose.

How can I be a part of it?

From Wednesday, May 11, 2022 starting at 5:45am – Monday, June 13, 2022 at 5:45pm we need YOU to show Give Your Eagle Pride A Purpose!

- **Show your pride!** Between 5:45 am Wed 5/11 – 5:45 pm Mon. 6/13:

1. Make an online gift: *Eagle Gives*
2. Help us gain momentum and reach more people. Encourage your networks to follow your lead by letting them know you just made a gift and why Scouting is important to you.

3. “Like” the Mayflower social networks & Join the Alumni page
4. Post to Instagram or Facebook stories with a short video of why it is important to support Scouting. Get personal. Tell your Scouting story to inspire others to make a gift. Repost, share, and like #SupportingFutureEagles #GiveYourEagleAPurpose social media posts throughout the day.

- **Share your pride!** “Like” and “Share” the posts on our social networks (Facebook, Instagram & Twitter) & Share your Scouting Story using the hashtag #GiveYourEaglePrideAPurpose.
- **Become a Fundraiser!** Create your own custom fundraising page through Facebook or GoFundMe. Add photos, text and videos on why it’s important to you to help support Future Eagles. Then tag your fellow Eagle pals and share away. It’s quick and easy, and you could win some terrific Scouting swag! For help creating your page, contact Mariama Sano

Hashtags: #EagleGives, #GiveYourEagleAPurpose, #SupportingFutureEagles

Donation Link: *Eagle Gives*

Mayflower Social Networks:

- Facebook: MayflowerBSA
- Twitter: @mayflowerbsa
- Instagram: @Mayflowerbsa

Mayflower Alumni Social Networks:

- Facebook Mayflower Council Eagle Nest

Scouting is a family. We rely on our strong network of alumni and friends to keep Scouting going. Thanks to our generous alumni, Scouting continues to Thrive.

Join us by making your gift, challenging your Eagle pals, and sharing on social media! Together we are ***Supporting Future Eagles*** and helping to keep Scouting alive.

Make Your Gift Today

Free Bowling For Your Kids All Summer

Score free family fun at a local bowling alley this summer!

If you're looking to get your kids off their devices, look no further because we have found a great option for you – and it's free!

The Kids Bowl Free Summer Bowling Program is available in our community and we thought that your family might enjoy this great deal. Each child (whose age does not exceed the limit set by the participating bowling center) receives 2 FREE Games of Bowling Every Day All Summer and last summer over 2,800,000 kids enjoyed this great program.

This is a fun option to get you and your kids out of the house for some good old-fashioned fun. The program is offered at 19 bowling centers in Massachusetts, including Abington, Milford, Hanover, and Kingston in our council, so there is a good chance you'll have this program at a bowling alley right near you.

With this program, each child will receive coupons for two free games of bowling daily throughout the entire summer. To register your kids, head over [here](#) and select the bowling center closest to you.

The Kids Bowl Free Program also offers a great deal for parents and older siblings. You can get an optional Family Pass which allows up to four adults to bowl two free games right alongside the kids all summer long. If you will be purchasing a Family Pass, you can save an additional 13% off with code LUCKY13 at checkout.

After you sign your child up to bowl for free, you will be directed to a page offering Family Passes – you do not need to purchase this for your child to bowl free as he or she has already been signed up (look at the very top of the page where it says congratulations). This is purely an option to get the rest of your family discounted bowling so you can play along with your child.

Questions about the Kids Bowl Free Program, get your answers [here](#).