

# The Rollercoaster to Eagle

## A Conversation with Molly F., Troop 1792 Duxbury

For Molly F., the path to Eagle hasn't been a straight line—it's been a rollercoaster. As we celebrate Women's History Month, we sat down with Molly to discuss how Scouting transformed her from an energetic recruit into a mature leader, Chaplain's Aide, and a community-minded innovator.

## From Energy to Influence

Looking back at her first meeting, Molly admits she was a different person. "I was very energetic," she laughs. Today, she stands as a pillar of maturity and leadership in Troop 1792. That growth was fostered by mentors like Adam M. (Troop 64 Plymouth) and Alyssa B. (Troop 424 Marshfield), who showed her what a "cool," experienced Scout looked like.

Her journey began at the Casoni Museum, earning the **Scouting Heritage** merit badge while decorating for Christmas—a moment she remembers fondly as more than just a "box to check," but a genuine connection to the movement's history.

## Resilience in the Rain and on the Ice

Scouting is often about "productive failure." For Molly, that meant mastering the "pop-up tent" during relentless rainstorms and learning to pivot so the fun never stopped. Physically, she pushed her limits at Base Camp in Milton, tackling her fear of heights while ice climbing—a challenge she lists as her hardest to date.

# The Eagle Project: Backpacks for Discovery

Molly's Eagle Project was born from a late-night spark of inspiration: **Library Backpacks**. These kits, filled with materials to encourage children to explore the outdoors, are available for free checkout. These are available at Plymouth, Pembroke, and Duxbury Public Libraries.

The process wasn't without its "headaches." Fundraising required Molly to cold-call organizations and companies, a task made easier by the support of local partners like **Tiny and Sons Glass Company**. On project day, Molly's leadership skills were put to the test as she managed her peers by strategically separating "best friend groups" into smaller, focused teams to keep the momentum going.

"The most rewarding moment was testing the project with my brother's Cub Scout Pack and seeing it actually work," Molly shares.

## Beyond the Badge

Molly's Scouting skills have already bled into her "civilian" life. During a recent trip to a market in New York, she jumped into action to help a family whose child had a severe bloody nose. "I use First Aid all the time," she says.

As she steps into a **Junior Assistant Scoutmaster** role with Troop 143 Pembroke, Molly's advice to her 11-year-old self is simple: "You will do it. Enjoy the things you are doing in the moment. Don't worry about the future."