"Scouting and Mental Health – a brief introduction" presentation Active Links to the additional resources:

- <u>https://www.scouting.org/health-and-safety/safety-moments/psychological-first-aid/</u>
- <u>https://www.scouting.org/health-and-safety/safety-moments/youth-suicide-prevention/</u>
- <u>https://health.usnews.com/health-care/patient-advice/articles/2018-</u> 05-04/are-there-mental-health-benefits-to-being-a-scout
- <u>https://www.epickidsaz.com/parents-corner/scouting-may-be-a-solution-to-improving-the-mental-health-crisis-our-youth-is-experiencing-today/</u>
- <u>https://adaa.org/learn-from-us/from-the-experts/blog-</u> posts/consumer/how-identify-anxiety-adolescents-and-talk-them