

Polar Challenge

Freeze Out

Feb 28th & Feb 29th 2020

Camp Squanto.

*Leaders Guide, Registration Packet
Register online*



www.mayflowerbsa.org/event/polar-challenge-freeze-out/

Are you ready for the

First Polar Challenge and Freeze out?

We will have challenging events for Unit, Crew or Ship members.

All the Challenges are designed for units to show Leadership, teamwork and team spirit.

We have planned this event for your unit to enjoy.

Many of the challenges are intended to build spirit and nurture teamwork.

Important Dates

January 1st, 2020 Registration Opens.

February 22nd 2020 Registration closes

**Let's all have
fun.....THINK SNOW**

Teams

\$80.00 *per team of*

6 *minimum &* **8** *maximum*

February 28th . **FREEZE OUT** (optional)

Check in at Downy Museum 6:00 -8:00 pm

Bring your unit and camp overnight in a tent, cook either an evening meal or breakfast in the campsite. (Without adult interference)

Campsites must be reserved in the usual manner.

Trophy presented to the unit that has the most registered youth attending the freeze out. Roster must be presented at check in.

If your unit just wants to stay overnight before the Polar Challenge reserve your camp site or cabins through the council office.

Polar Challenge Program Guide

Camp Squanto is hosting the **First Polar Challenge & Freeze Out**

Feb 28th for the FREEZE OUT and Feb 29th The Polar Challenge.

Freeze out Check in at Downy Museum 6pm – 8pm Friday 2/28/2020

Polar Challenge Check in Downy Museum 7:15am – 7:45am Saturday 2/29/20 ALL UNITS.

Freeze Out (optional) roster required.

Freeze out Challenges

Bring your unit and camp overnight in tents.

The youth members must cook either an evening meal or breakfast without adult supervision.

Menu as always must be approved by the Unit leader.

There will be a trophy presented to the unit who has the largest percentage of their youth camping. In the event of a tie the lowest average age of the youth members will be used.

Program while attending the freeze out is the responsibility of the unit.

Polar Challenges. Team Rosters Required.

The challenge will consist of 10 challenges.

Each team will complete 5 challenges in the morning and 5 challenges in the afternoon.

A map with a route is supplied in this package. Each team will start at a different challenge and continue clockwise around the course.

Each team will come back to the parade field to prepare their lunch.

Challenge 1. Ice Lake Colorado.

This Challenge you will use your leadership, First aid and Ice Rescue Skills.

Challenge 2. Blind Man Canyon Kansas.

This Challenge will test your leadership skills, working together

Clue "Handicap awareness "

Challenge 3. Lost Child Creek Minnesota.

This Challenge will test your communications skills.

Clue "Semaphore" in appendix.

Challenge 5. Snowshoe West Virginia.

This Challenge will challenge you being able to snow shoe and tie knots.

Directions on how to make home made snow shoes in appendix.

Challenge 5. Flint Michigan.

This will test you on building a fire using "Flint and Steel "

Challenge 6. Gorge Trail New York.

This will test your leadership skills, working together and balance.

Challenge 7. Flagpole Knob Virginia.

This will test your scout lashing skills

Challenge 8. Knott Ville Kentucky.

This will test you knot tying skills.

Clue the newer rank scouts will have the easiest knots to tie.

Challenge 9. Poison Creek Indiana .

You're tracking skills and plant identification will be tested.

Challenge 10. Windy Gap North Carolina.

You will be tested on Leadership, Communication, Wilderness survival and quick thinking.

Lunch,

At Parade field

Lunch will be prepared before the event.

Lunch (not carried) ONE POT MEAL (Adult staff will help lighting or fueling stoves)

Mess kits

Extra water

Cooking pan (1)

Camp stove.

Meal. All meals to be precooked.

Ingredients for American Chop Suey. (Pasta, Meat Sauce, Vegetables) if dietary restricted substitute meat sauce. (No Cans)

Dessert. (Your choice but must contain Cranberry's)

1 Cooler per team (Storage for food).put unit name on the cooler, teams can share.

Challenge and Scout Etiquette

Parking

- Please follow the directions of the Camp Master
- Do not block the road
- All vehicles park in the parking lot

Trailers can be stored with vehicles in the parking

First Aid

All injuries must be reported to the camp master or event staff

PLEASE DO NOT CALL 911

Alcoholic Beverages, Narcotic Drugs, Personal Firearms, and Fireworks

We will not tolerate the presence of alcoholic beverages, drugs, or persons obviously under the influence of the same. Violators will be asked to leave the camp. Personal firearms, archery equipment, and fireworks are not allowed at the camp at any time

Valuables

Please do not bring valuables to camp. Occasionally belongings are misplaced, lost or stolen. Mayflower Council or Event staffs are not responsible for lost or stolen items.

Fires and Firewood

Camp Squanto is a beautiful camp located amidst towering pines & oaks. There are plenty of downed trees; it is recommended that your units bring any tools you may need. (NO CHAINSAWS)

The established campsites have existing fire rings.

Please only have fires in existing fire rings. Fires are to be put out by 10:00PM and should never be Unattended.

Check with the Camp master prior to lighting fires.

Garbage must be taken out of camp

- Leave No Trace training comes in handy
- Please leave your campsite or shelter cleaner than you found it
- Please police your site before checking out.

Registration and Check in: Freeze Out

All units must register upon arrival at Camp Squanto. Check in will take place in the Downy Museum from 6:00 to 8:00 on Friday. For Freeze out. Your medical forms should be retained by your unit adult leader in charge You must also turn in a roster showing all the names of youth and adults. This is critical if there is an emergency we need to know where you are camping. Please inform registrar of your camp site at check in. Please remember to check in again 2/29/2020 for Polar Challenge same location.

Registration and Check in: Polar Challenge.

All units must register upon arrival at Camp Squanto. Check in will take place in the Downy Museum from 7:15 to 7:45 on Saturday morning. Your medical forms should be retained by your unit adult leader in charge You must also turn in a roster showing all the names of youth and adults. This is critical if there is an emergency we need who you are.

Check Out Procedure for those unit who camp over the weekend.

Check out will take place on Sunday morning. After your site is picked up and policed please send someone to the Camp masters building. The Camp master will check out your site.

***POLAR
CHALLENGE
2020***

**ADULTS;
YOU
HAVE
BEEN
VOLUNTEERED
AGAIN!**

If you are attending the event as an adult. You will not be permitted to accompany your unit teams around the course. This is a youth event let you youth leaders do their job.

**WE NEED YOU TO
HELP STAFF THE
CHALLENGES AT
THIS YEARS
POLAR CHALLENGE
TAKING PLACE
FEBRUARY 29TH 2020
AT CAMP SQUANTO.**

**IF YOU ARE A UNIT LEADER, SHIP'S
OFFICER or POST LEADER
WE NEED YOU.**

**YOU WILL BE WORKING WITH OUR
SKILLS PRESENTERS, RUNNING
THE CHALLENGES.**

Cranberry Harbors District Polar Challenge.

SCHEDULE

Feb 28th

Freeze out.

Check in at Downy Museum . Bring Rosters.

6:00 to 8:00

Friday night program will be the unit's responsibility

Campsite allocation.

Reserve your campsite through the council office. Cabins and shelters at normal camp prices

Feb 29th

POLAR CHALLENGE

Morning Check at Downy Museum Bring Rosters 07:15 -07:45

ALL TEAMS MUST CHECK IN FOR POLAR CHALLENGE REGARDLESS IF YOUR UNIT CAMPED OVERNIGHT

8:00 Opening Ceremony and flags

8:30 Event starts (5 morning challenges)

11:30 Lunch everyone will cook their lunch at the Parade Field

12:30 Events Restart (5 afternoon challenges)

3:30 Event ends.

4:00 Town Governors Presentations

4:30 Pack up.

The program from this time is the responsibility of the unit leaders.

March 1st.

Program is unit responsibility.

Any unit that camped must have a campsite inspection prior to leaving camp.

Please arrange a campsite inspection with the Camp master. Everyone out of camp by 12:00.

Contact Personnel

Mayflower Council, Cranberry Harbors.

Kevin Radford

Email: evertonfc@comcast.net

Cell Phone (508)542-1131

Camp Squanto, Camp master

Phone Number

NOTES

****Special notice.****

This is a youth event. Adults will not be allowed around the course with the teams. Units who have members on event staff will automatically be allocated one of the 30 teams. The Governors of the stations will be instructed not to allow any team into their challenge if there is an adult with the youth team. Let your youth leader lead.

Appendix.

Equipment list

Patrol Flag
Copy of patrol roster
Flint & Steel
Wood & kindling, (small & dry)
Tinder (natural materials only)
Small Pot for boiling ice/snow/water
Compass (1)
Pencil
Paper/notepad
Patrol First Aid kit
(1) Copy of the Scout Handbook
Water bottle - FILLED with water (1 each)
Neckerchiefs or triangular bandages (1 each)
Material to use for first aid events (neckerchiefs should work)
Blanket (2) per team
Rope/Line ¼" x 8ft (1 each)
Scouts stave length 6ft (1 each)
Snowshoes (~~1 pair each~~) from mountain man directions attached. **1 pair per team**
Backpack (1 each)
Pocket Knife
Tent, 1 four men
Trash bag Large (1 each)
Trail mix (1 each)

Cooler large enough to store you food for lunch (put your name on it)

We all know this event could be cold and wet. Any youth who appears underdressed for the weather conditions.

Will not be allowed to take part.

Clothing list.

Dress as the weather permits. (Unit leader's discretion.)

NO JEANS or SNEAKERS Remember COTTON KILLS

This is a suggested list for the worst conditions

Waterproof rain jacket & pants

Long Underwear (Polypropylene or Polyester)

Wool or Synthetic socks + liners (2 pairs)

Snow Pants or (Fleece pants + rain pants) (No jeans, cords or cotton)

Long sleeve wool or synthetic shirt

Extra clothes – Shirt & pant

Sweater, vest or fleece (no cotton, no sweatshirts)

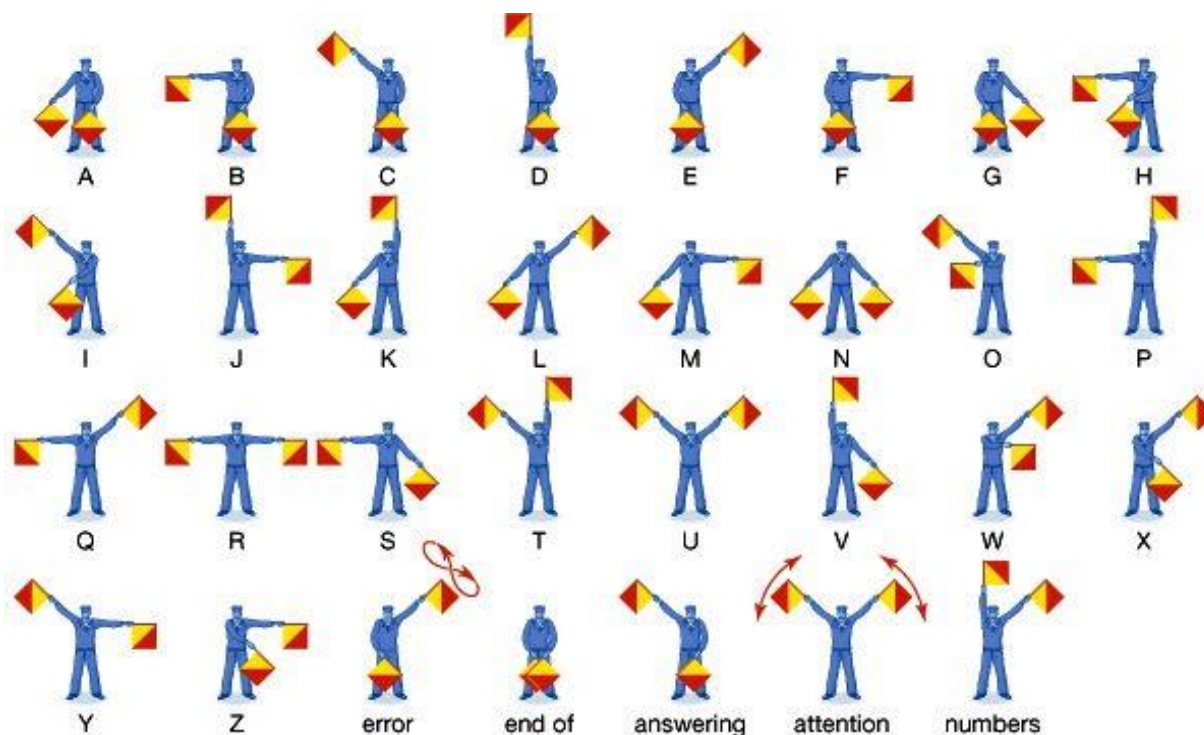
Warm Jacket or Parka

Wool or synthetic cap Mittens or gloves (2 pair) + optional poly liners

Waterproof insulated snow boots

Gaiters or sealed top boots

Plastic bags for wet clothes



ONE PAIR OF SNOWSHOES PER TEAM

HOME MADE SNOW SHOES



Supplies; You will need 3/4 inch plywood or particle board, a good electric hand saw, drill and bits, tape measure, 2 4 foot lengths of strong nylon cord and a pair of old shoes.

Step 1; Draw your snowshoe pattern. It should be 14 inches wide and 24 to 28 inches long. Use your ruler and cut each corner off. This will give you an octagon appearance.

Step 2; Cut your plywood with your power saw.

Step 3; Place your shoes on top of the board. Use a pencil and mark where you will drill your holes.

Step 4; using your power drill, drill two holes to each side of the shoe. A 3/4 inch bit should be used.

Step 5; Take your nylon string through the underside of the plywood.

Step 6; the nylon should go over the toe area. It will tie off to the outside of the heel area.

Note; Tie it off with the shoe in place. It also helps to have your foot inside the shoe for stability. I have also seen leather belts used as straps. If you go that route, you will need cut slots in the plywood instead of holes.

These DIY snowshoes are easy to make and can be very helpful in a heavy snow storm. They can be made in about 30 minutes of work time.

For youth, you can shorten your dimensions.

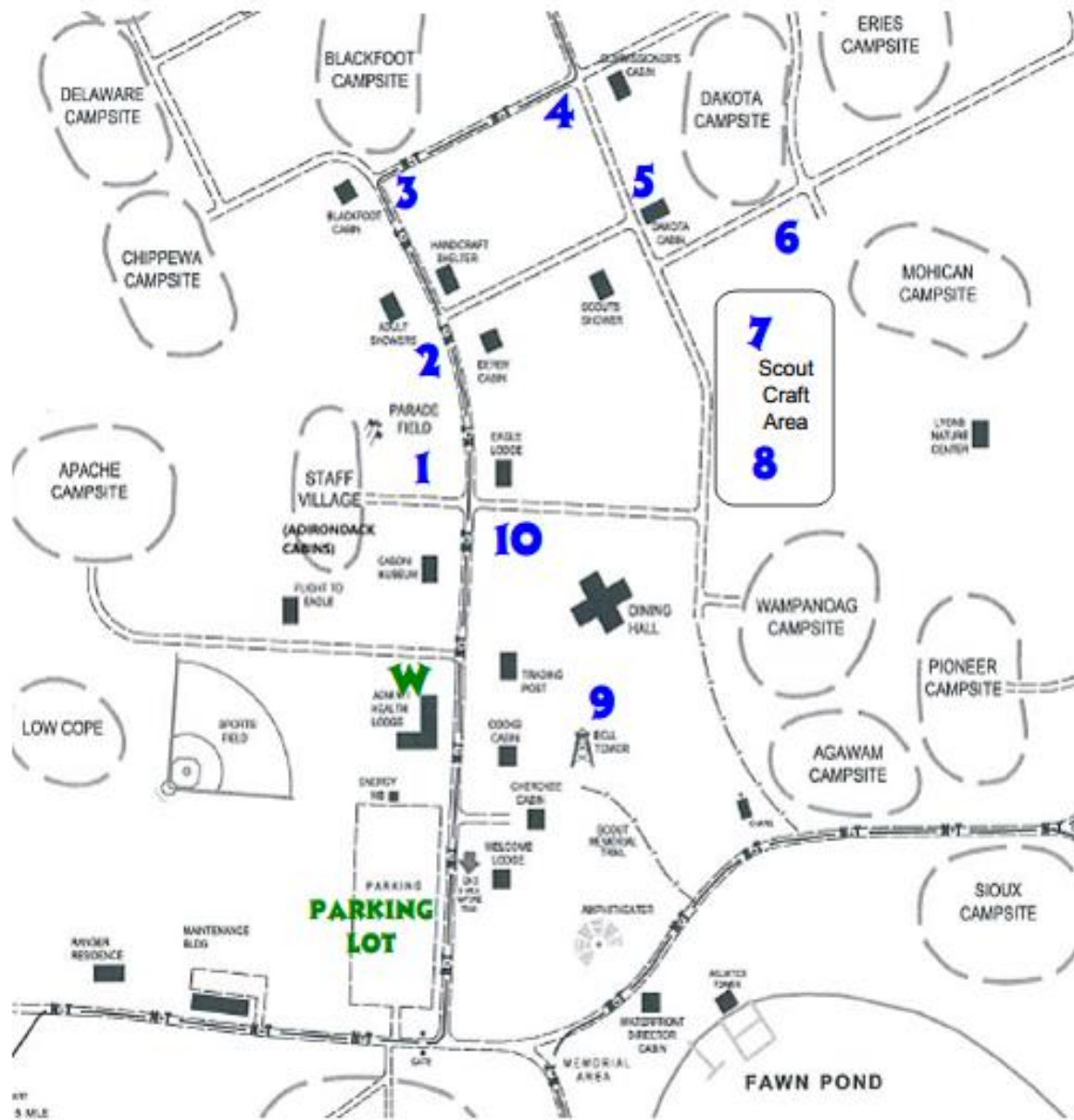
*****Or any preferred design of homemade snowshoes*****

Polar Challenge team sheet			
Troop /Crew/ship number			
Team number			
			Rank
Team Leader	1		
Team	2		
	3		
	4		
	5		
	6		
	7		
	8		

Please print 1 for each team and present completed roster at check in.

Please print 1 route map for each team.

REMEMBER TO ORIENT YOUR MAP



STATION LIST

- | | |
|--------------------------------|-----------------------------|
| 1: ICE LAKE, CO | 6: GORGE TRAIL, NY |
| 2: BLIND MAN CANYON, KS | 7: FLAGPOLE KNOB, VA |
| 3: LOST CHILD CREEK, MN | 8: KNOTT VILLE, KY |
| 4: SNOW SHOE, WV | 9: POISON CREEK, IN |
| 5: FLINT, MI | 10: WINDY GAP, NC |

**W = WARMING CENTER
(CLASSROOM UNDER MAIN OFFICE, AROUND BACK)**